



What is a double-handed care review?

What you need to know about double-handed care reviews

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A double-handed care review can ensure you are receiving the right level of care and support at home.

An Occupational Therapist will work with you to find out what is important to you and look at ways to make the most of your involvement in your care. They can identify suitable equipment for you and your home. Sometimes equipment, such as a ceiling track hoist, can support care to be delivered by a single carer.

What if I want to keep things as they are?

It is important to have regular reviews as your situation changes over time and what may have worked in the past may need updating as new and safer equipment becomes available. An Occupational Therapist will work with you and others to help reach your desired outcomes.

What will happen during a double-handed care review?

An Occupational Therapist will visit you at home with other people who are important to your care, for example your carers, your social worker and someone you would like to support you. They will look at what is important to you, your care package, how it is completed and the space in your home.

What might the outcome of the review be?

A double-handed care review can mean that your care package stays the same, is increased or is reduced. For example, you might have 2 carers come to visit you and after a double-handed care review by Occupational Therapy, it might be possible for your care and support to be delivered by 1 carer with the right equipment for you.

Do I need to pay for equipment?

Equipment is loaned to you for the period that you need it, with no cost to you. Once no longer required, you can call the equipment store NRS Healthcare on 08451 238 248 and ask them to collect it.

What are the benefits of single-handed care?

A double-handed care review will ensure you have the right level of care to meet your assessed needs, considering your strengths, abilities and promoting your participation in how you are moved.

Other benefits to exploring single-handed care include increased dignity, choice and control and a better relationship with your carer.

Use this space to write down things you need to remember to tell us

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How to contact us

Adult Care Services

To get more information about adult social care services you can:

-  **Go online:** buckinghamshire.gov.uk and click on 'Care for Adults'
-  **Call:** 01296 383204

Are you worried about somebody?

If you or someone you know is at risk of abuse or neglect:

-  **Call:** 0800 137915 (24 hours a day)

If you would like to give us feedback

-  **Go online:** Please complete the online form at buckinghamshire.gov.uk

If you prefer you can:

-  **Call:** 01296 387844
-  **Email:** complimentsandcomplaints@buckinghamshire.gov.uk