



What is Home Independence?

What you need to know about our Home Independence service

What is Home Independence?

We want to help you stay in your own home and become independent again. This is the ethos behind our offer.

If you've had a fall, change in what you're able to do around the home or a spell in hospital you may need help regaining the skills to do things that you used to.

Home Independence is short-term support that will enable you to practice everyday tasks.

We will provide professional workers to help you regain confidence and give you practical support and advice.

How long does Home Independence last?

Your timescale will depend on your needs. It could be for a couple of days or a couple of weeks. We will assess with you what your self-care goals are.

The maximum length of support we can provide is up to 6 weeks, although it is rarely needed this long.

Is there a charge?

There is no charge for the short-term support that we agree is needed for you (up to 6 weeks). If ongoing support is still required after the maximum 6 weeks we will help you decide how best to meet your future care needs.

We will talk with you about further ongoing care options: what financial support is available and/or how much you may need to contribute.

How does it work?

Your GP, health care provider or social worker will have got in touch with us to tell us about your situation.

Home Independence staff will complete an assessment with you in your home. We will agree with you what to focus on and which tasks will help you to live as independently as possible.

We will review your progress to ensure we achieve your goals.

Our Home Independence team

When our support can be offered, we are available and contactable 365 days a year, between 7am - 10pm. Our team of professionals are fully trained and regularly supervised. This means we are able to provide you with high quality, safe support that meets your needs and helps you to achieve the best outcome possible.

Your personal assessment and reviewing officer will keep in regular contact with you, monitor your progress and discuss options for your future.

How to access the service

Any healthcare professional can refer you to Occupational Therapy and Home Independence. This includes a GP, social worker, therapist or nursing staff, both in a hospital setting and those based in the community.

Alternatively, if you think that you or a member of your family may benefit from an assessment, contact your healthcare professional directly.

Home Independence criteria for assessment

- You have had a professional referral
- You are 18 or over
- You live in Buckinghamshire
- You have had a loss of confidence and function following illness, disability or recent stay in hospital
- You will work towards clear, measurable goals, linked to your level of functioning
- You have not already received help in the last three months from the Rapid Response Intermediate Care or Home Independence teams

The referral must also show that:

- You have consented to the referral and understand what Occupational Therapy and/or Home Independence involves
- You are able to understand, assess and communicate your health goals, either directly or through an appropriate advocate

How to contact us

 **Call:** 0300 777 1001 (south / central) or 0300 777 2002 (north / east)

 **Email:** homeindependence@buckinghamshire.gov.uk

Use this space to write down things you need to remember to tell us

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How to contact us

Adult Care Services

To get more information about adult social care services you can:

-  **Go online:** buckinghamshire.gov.uk and click on 'Care for Adults'
-  **Call:** 01296 383204

Are you worried about somebody?

If you or someone you know is at risk of abuse or neglect:

-  **Call:** 0800 137915 (24 hours a day)

If you would like to give us feedback

-  **Go online:** Please complete the online form at buckinghamshire.gov.uk

If you prefer you can:

-  **Call:** 01296 387844
-  **Email:** complimentsandcomplaints@buckinghamshire.gov.uk